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Contains

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| MON | Pasta Bolognaise with Garlic Bread and Salad. Quorn Bolognaise Apple, Shortbread and Cheese Snack: Summer Fruit Muffins |        |
| TUES | Roast Chicken, Roast Potatoes with Cabbage and Carrots Fruit Salad Snack: Hummus and Flatbread |     |
| WED | Summer Vegetable Soup with Crusty Bread Chocolate Sponge and Custard Snack: Cheese and Crackers |        |
| THURS | Mixed Bean Chilli with Rice Stewed Apple and Custard Snack: Tuna/Cheese Sandwiches |      |
| FRI | Salmon and Broccoli Bake with Salad Vanilla Cheesecake Snack: Pizza Fingers |       |

- ❖ Salads will vary between potato/rice/pasta, coleslaw or grated carrot
- ❖ Fruit and vegetables may change to reflect what is in season
- ❖ Vegetarian meals listed in green

NB: Our menus are prepared with reference to the Action for Children Eat Better Start Better Voluntary Food and Drink Guidelines for Early Years Settings in England published in 2017

